



SCHEDULES

Portland, OR - Friday, March 24, 2023

Registration & Exhibits	8:00am - 8:30am
Tricia Osuna	8:30am - 10:30am
Break & Exhibits	10:30am - 11:00am
Katrina Sanders.....	11:00am - 1:00pm
Lunch	1:00pm - 2:00pm
Heather Rogers	2:00pm - 4:00pm

Six (6) hours of continuing education credit will be provided.
The WSP is a recognized ADA CERP Provider.

Seattle, WA - Saturday, March 25, 2023

Registration & Exhibits	7:30am - 8:00am
Katrina Sanders.....	8:00am - 9:30am
Break & Exhibits	9:30am - 10:00am
Lynn Atkinson	10:00am - 12:00pm
Lunch	12:00pm - 1:00pm
Susan Wingrove & Gerrarda O'Beirne.....	1:00pm - 3:00pm
Break & Exhibits	3:00pm - 3:15pm
Larry Ambrose.....	3:15pm - 4:45pm
Lynn Atkinson - 3 hr. Hands-On - \$149	2:00pm - 5:00pm

Seven (7) hours of continuing education credit will be provided.
The WSP is a recognized ADA CERP Provider.

SEMINAR LOCATIONS

FRIDAY, MARCH 24, 2023
PORTLAND, OR



**DoubleTree by Hilton
Hotel Portland**

1000 NE Multnomah St,
Portland, OR 97232

SATURDAY, MARCH 25, 2023
SEATTLE, WA



**Courtyard Seattle
Pioneer Square**

612 2nd Ave,
Seattle, WA 98104

For information on this or other seminars contact
Office: 813.444.1011 • Fax: 813.422.7966
dgoldman@wsperio.org • www.wsperio.org

Western Society of Periodontology
15428 N. Nebraska Ave.
Lutz, FL 33549



REGISTER AT
WWW.WSPERIO.ORG

A GREAT WSP PROGRAM AT THE SAME GREAT FEES!

This lecture course is appropriate for dentists, hygienists, dental assistants and the entire dental team.

ADA CERP® | Continuing Education
Recognition Program

The Western Society of Periodontology is an ADA CERP Recognized Provider. ADA CERP is a service of the American Dental Association to assist dental professionals in identifying quality providers of continuing dental education. ADA CERP does not approve or endorse individual courses or instructors, nor does it imply acceptance of credit hours by boards of dentistry. WSP designates this activity six (6) continuing education credits for Portland, 3/24/23 meeting and seven (7) continuing education credits for Seattle 3/25/23 meeting.

THE WESTERN SOCIETY OF PERIODONTOLOGY *Presents* HYGIENE AND PERIODONTAL EXCELLENCE FOR ANY DENTAL PRACTICE



2 MEETINGS

Friday, March 24, 2023 • Portland, OR
Saturday, March 25, 2023, Seattle, WA

Tricia Osuna, BSDH, RDH, FAADH - Portland

**CHANGE YOUR THOUGHTS AND IMPROVE YOUR OUTCOMES -
An Update on Protocols, Products and Treatment Options**

Katrina M. Sanders, RDH, BSDH, M.Ed, RF - Portland & Seattle

**Pockets, Paradigms and Protocols a Revolutionary
Approach to Precision Periodontics**

Heather Rogers, RDH, BSDH - Portland

**An Infection Control Update for the Dental Professional
Including COVID Updates**

Lynn Atkinson, RDH - Seattle

**LECTURE & HANDS-ON WORKSHOP
Diode Lasers Used in the Hygiene Practice**

Susan Wingrove, BS, RDH - Seattle
& Gerrarda O'Beirne, BDS, MSD, PLLC - Seattle

Join the Biofilm Revolution!

Laurence Ambrose, DDS, MS - Seattle
Periodontics - Facts, Fiction and the Future

A COMMITMENT TO COLLABORATIVE CARE
"71 YEARS OF EXCELLENCE IN CONTINUING EDUCATION"

FEATURED SPEAKERS



TRICIA OSUNA, BSDH, RDH, FAADH

Tricia Osuna is a University of Southern California graduate, Past President of the American Academy of Dental Hygiene and California Dental Hygienists' Association. Tricia is in her 44th year as a dental hygienist, with many of those as a clinician. She shares her experiences with her audiences in a humorous and enlightening presentation experience. Ms. Osuna is a lifelong CDHA/ADHA member and a previous Member of the Dental Board of California. She is a Founding Member of the American Board of Facial Esthetics. Licensed in both California and New York, her experiences traverse the dental hygiene arena in a unique way spanning a variety of roles including Consultant, Clinician, Educator, International Presenter, Author, Mentor as well as owner of Professional Insights, Inc. *Sponsored by: VOCCO*



KATRINA M. SANDERS, RDH, BSDH, M.ED, RF

Katrina Sanders is a clinical dental hygienist, author and international speaker. She is a vibrant, passionate and charismatic award-winning educator with a unique approach to delivering continuing dental education. Katrina is the Clinical Liaison, Hygiene Excellence and Innovation for AZ Perio, the country's largest periodontal practice. She works alongside Diplomates to the American Board of Periodontology to instruct on collaborative professionalism and standard of care protocols while delivering education through hygiene boot camps and study clubs. Known as "The Dental Resultant", Katrina is a dental hygiene consultant focused on high-level standards, excellence and production. Her philanthropic efforts include dental humanitarian work in developing countries, supporting abused and homeless animals and spreading awareness about the benefits of organ and tissue donation. *Sponsors: P&G, Designs for Vision, Ivoclar, CloSYS & BioGaia*



HEATHER ROGERS, RDH, BSDH

Heather M. Rogers began her career in dental hygiene in 1999 when she graduated from the College of Southern Nevada. She has worked in prosthodontics, periodontics, and general dentistry. Heather discovered her love for presenting educational courses while achieving her bachelor's degree and being involved with her professional association. She completed her Bachelor of Science in Dental Hygiene in 2010 and is currently providing continuing education for professionals in communications, diabetes, implant maintenance, probiotics, infection control, COPD, marijuana and vaping.



LYNN ATKINSON, RDH

Lynn Atkinson has been a Registered Dental Hygienist for over 30 years. She graduated from Cypress College, California with a degree in Dental Hygiene. Her passion for utilizing technology while delivering the highest quality of patient care keeps her practicing four days a week as the Clinical Hygiene Director for a high-performing, patient-oriented dental practice in Mission Viejo, California. Lynn lectures and provides clinical, hands-on training to dental professionals on successfully incorporating lasers and other adjunctive therapies into their protocols. For the past several years, Lynn has been a speaker at numerous conferences across the nation, speaking on a variety of topics. She lectures locally in addition to her hands-on courses, has authored several published articles and has been a guest speaker on industry audio media platforms, enjoyed nationwide. Lynn is an active member and participant of multiple dental associations and organizations. Lynn is a key opinion leader for several dental manufacturers and companies as well as a speaker and trainer for US EMS Guided Biofilm Therapy. She serves on the Board of Directors at the Academy of Laser Dentistry as Auxiliary Chair, a member of the ALD Speakers Bureau, Education, Conference and Testing Committees. Lynn is the honored recipient of the ALD 2022 Leon Goldman Clinical Excellence Award. *Sponsored by: Biolase*



SUSAN WINGROVE BS, RDH

Susan Wingrove is a Dynamic Innovator, International speaker, writer, researcher, and instrument designer. RDH of Distinction Recipient and WSP Educator of the Year Awards. Susan is on Oral-B Global Implant and Western Society of Periodontology Boards. Published author; American and International journals on peri-implant therapy, regeneration, and advanced instrumentation. Textbook: Peri-Implant Therapy for the Dental Hygienist: 2nd Edition, Wiley Oxford UK. Resides in Missoula, Montana USA to enjoy flyfishing, hiking, and snowshoeing.



GERRARDA O'BEIRNE, BDS, MSD

Dr. Gerrarda O'Beirne received her dental degree from University College Cork in 1989. She spent one year as a Junior House Officer in Oral Surgery in the Dental Hospital in Cork before moving to private practice in Dublin. In 1994 she received a Certificate in Periodontics at the University of Washington in Seattle and an MSD in 1995. Dr. O'Beirne is a Diplomate of the American Board of Periodontology and an Affiliate Assistant Professor with the Dept of Periodontics at the University of Washington. She maintains a private practice in downtown Seattle specializing in Periodontics and Implant Dentistry.



LAURENCE S. AMBROSE, DDS, MS

Dr. Laurence Ambrose is a board certified periodontist and has been a full-time staff member at the VA Medical Center in Phoenix, Arizona since 1998. He is also Adjunct Clinical Faculty at the Arizona School of Dentistry and Oral Health. He received his certificate in Periodontics from the VA Medical Center in Milwaukee, Wisconsin and his Master of Science degree through Marquette University. From 1991 to 1995 he was a Commissioned Officer with the United States Public Health Service and practiced general dentistry on numerous Indian Reservations in northern New Mexico. He is a graduate of the University of Illinois at Chicago College of Dentistry and is Past President of the Arizona Society of Periodontists. Dr. Ambrose received his Master of Science in Oral Biology from Marquette University in 2000 and became a Diplomate of the American Board of Periodontology in 2002.

2 Meetings - Portland, OR, Friday, March 24, 2023 & Seattle, WA, Saturday, March 25, 2023

Full Day - Includes Lunch

Price for WSP Members	Non-Members
<input type="checkbox"/> Dentists.....\$94.00	<input type="checkbox"/> Dentists.....\$114.00
<input type="checkbox"/> Hygienists/Assistants & Office Staff.....\$89.00	<input type="checkbox"/> Hygienists/Assistants & Office Staff.....\$109.00
<input type="checkbox"/> Full -Time Faculty/Military.....\$89.00	<input type="checkbox"/> Full -Time Faculty/Military.....\$99.00
<input type="checkbox"/> Full-Time Students.....\$50.00	<input type="checkbox"/> Full-Time Students.....\$50.00
<input type="checkbox"/> 3-Hour Hands-On Diode Laser Course.....\$149.00	

Registration postmarked after 03/16/2023 will be charged an additional fee of \$10 per person.

★ THIS IS A GREAT PROGRAM FOR DOCTORS, HYGIENISTS, AND OFFICE STAFF ★

Last Name _____ First Name _____
 Address _____ Email _____
 City _____ State _____ Zip _____

Registration fee includes continuing education credits. Payment by check, Visa or MasterCard are accepted. The fee, less a \$20 per person enrollment charge will be refunded if cancellation is made more than seven (7) days before the seminar. Cancellations received after March 16, 2023 for Portland and March 17, 2023 for Seattle will not be eligible for a refund. Make checks payable to The Western Society of Periodontology.

Name on Card _____ Expiration Date _____
 Account # _____ Security Code _____
 Credit Card Billing Address: _____



REGISTER BY MAIL
 with payment to W.S.P.
 15428 N. Nebraska Ave.
 Lutz, FL 33549



REGISTER BY FAX
 with credit card
 information
 813.422.7966



REGISTER BY PHONE
 with credit card
 information
 813.444.1011

REGISTER AT
WWW.WSPERIO.ORG

PROGRAM

Tricia Osuna, BSDH, RDH, FAADH - Portland **CHANGE YOUR THOUGHTS AND IMPROVE YOUR OUTCOMES** *- An Update on Protocols, Products and Treatment Options*

Course Description:
 Updated protocols assist us in determining our patient's specific needs. As we move towards a more collaborative profession, we need to embrace these updates to identify those needs. We are presented with continuous challenges of new advances in products and technology and their use in dentistry and are in need of information to determine when and how to add them into our armamentaria. As professionals providing health services, our perception of product use along with protocols needs to be discussed with our team as well as the interdisciplinary referrals we have. The process of care (assessment, diagnosis, treatment planning, implementation, evaluation and documentation) requires a comprehension of protocols, products and treatment options and how they are to be utilized.

- Learning Objectives:**
- Modify diagnosis assistance with the team and rationale for changes in assessment forms and diagnostic tools
 - Distinguish which new-to-market products should be brought into your practice
 - Integrate materials and products for a variety of uses in the dental office from infection control, dental hygiene therapy, oral cancer screening, patient communication and instrumentation
 - Develop effective communication with patients and assist in the business of the dental practice
 - Formulate strategies that incorporate efficiency in patient treatment for more productive scheduling

Katrina M. Sanders, RDH, BSDH, M.Ed, RF - Portland & Seattle **Pockets, Paradigms and Protocols a Revolutionary Approach to Precision Periodontics**

Course Description:
 Despite our best efforts to study, treat and manage diseases of the periodontium, research continues to indicate increasing prevalence of oral inflammatory conditions, unpack challenges with our existing protocols and challenge the dental profession with paradigm shifts. The 'gold standard' of periodontal disease management is pivoting as patients are looking to non-invasive approaches to safely, efficiently and definitively treat disease and subsequently promote health. The ever-changing environment of health care delivery is now focusing on the convergence of precision medicine, implementation science and learning health care system studies to synergistically improve clinical health outcomes. While our medical colleagues have adapted these paradigm shifts into avant-garde approaches to patient care, dentistry is now called upon to become part of this trailblazing movement. Join periodontal hygienist and international speaker Katrina M Sanders as she discusses a revolutionary concept of Precision Periodontics, critically examining the current landscape of oral inflammation with a deep focus on contemporary interventions aimed to transform non-invasive care for the periodontal patient, improve clinical outcomes and optimize management of periodontal diseases.

- Learning Objectives:**
- Define implementation science and identify how this emerging discipline is focusing treatment strategies
 - Discuss precision medicine and the evidence-based interventions available to improve clinical outcomes
 - Examine the learning health care system and its influence on health care delivery systems
 - Evaluate paradigm shifts in the provision of periodontics and the trends in inflammatory management for the dental professional
 - Review the results of optimal therapy in a non-invasive approach to treating periodontal disease
 - Examine case selection in integrating an early and precise approach to advanced periodontics
 - Discuss anti-inflammatory products for the adjunctive treatment of periodontitis

Heather Rogers, RDH, BSDH - Portland **An Infection Control Update for the Dental Professional Including COVID Updates**

Course Description:
 This two-hour course will discuss the Centers for Disease Control Guidelines for Dentistry and subsequent COVID updates regarding proper infection control standards and recommendations.

- Learning Objectives:**
- Review the Centers for Disease Control infection control guidelines with the latest COVID updates
 - Demonstrate how to avoid cross contamination in your practice
 - Concentrate on safe implementation of practices that protect you, personnel, and your patients

Lynn Atkinson, RDH - Seattle **LECTURE & HANDS-ON WORKSHOP - Diode Lasers Used in the Hygiene Practice**

Course Description:
 The Diode laser has become the most utilized laser in dentistry today especially in the hygiene department. Diode lasers are soft-tissue lasers that have many advantages over traditional surgical and therapeutic techniques including less pain, faster healing and preciseness, bacterial reduction, along with no contraindications. Some of the most commonly used Diode laser procedures in the hygiene department are Laser Bacterial Reduction (LBR), Laser Assisted Periodontal Therapy (LAPT), hemostasis, and the treatment of oral lesions (aphthous ulcers/herpetic lesions), this course will present common diode laser procedures, techniques used in the hygiene department, and how to incorporate lasers into your practice.

- Learning Objectives:**
- Identify the laser procedures and benefits most commonly used in the hygiene department
 - Understand the laser device and settings
 - Discuss tips and techniques to get the best results with your patients
 - Describe strategies for communicating and educating patients about lasers

HANDS-ON WORKSHOP: Diode Lasers Used in the Hygiene Practice

3 Hr. Workshop
\$149

Course Description:
 The Diode laser has become the most utilized laser in dentistry today especially in the hygiene department. This course will give you hands on techniques used in the hygiene practice. Mechanisms, safety, tips, and protocols will be reviewed, and attendees will have an opportunity to demonstrate the use of the lasers for Laser Bacterial Reduction, Laser Assisted Periodontal Therapy, Hemostasis, and Aphthous Ulcers/Herpetic lesions on porcine jaw.

- Learning Objectives:**
- Operate the laser device understanding basic biologic interactions
 - Demonstrate competency in using the laser with hygiene procedures
 - Understand the difference in the procedures of Laser Bacterial Reduction and Laser Assisted Periodontal Therapy
 - Utilize and understand the laser safety protocols
 - Understand the laser device, tips, and settings

Susan Wingrove, BS, RDH - Seattle & Gerrarda O'Beirne, BDS, MSD, PLLC - Seattle **Join the Biofilm Revolution!**

Course Description:
 Join the movement from calculus-focused to biofilm-focused care of natural teeth, implants, tooth- and implant-borne restorations for our patients. Understand the nature of oral biofilms in health and disease so that we can empower our patients to be the co-therapist in the management of their oral health. Elevate your scope of practice with new biofilm-focused protocols for safe and effective maintenance, guidance on home-care, and disease management. The future is in our hands, hygienists will play a central role in biofilm-focused care for a lasting impact on patients' overall health!

- Learning Objectives:**
- Understand the paradigm shift from calculus to a biofilm-focused care.
 - Gain an overview of the importance of the role of biofilm in the current World Workshop AAP/ EFP Classification for periodontal and peri-implant disease.
 - Learn clinical practice biofilm-focused protocols for maintenance of healthy teeth, implants, and periodontal and peri-implant disease treatment.
 - Discuss hygienists' and patients' roles in biofilm-focused care for the patients' oral and overall health.

Laurence Ambrose, DDS, MS - Seattle **Periodontics - Facts, Fiction and the Future**

Course Description:
 This presentation will provide an entertaining and informative review of some myths and misconceptions surrounding periodontics and implant dentistry. We will also explore what the future holds for the profession and how the role of the dental hygienist is evolving in the era of collaborative care.

- Learning Objectives:**
- Dispel some common myths about periodontal and peri-implant disease
 - Separate the facts from the fiction about products and techniques we use every day
 - Discuss future therapies that dental hygienists can incorporate into their practice

WANT TO BE ON OUR MAILING LIST?
 Email dgoldman@wsprio.org to be added.



The Western Society of Periodontology
 Look for us on www.facebook.com/WSPerio